First Aid for Dental Emergencies

Knocked Out Permanent Tooth
1. Remain calm.
2. Retrieve the tooth. If the tooth is found in the mouth, keep it moist.
3. See a dentist.

Broken Tooth
1. Pulpal involvement
   - Clean the area with mild soap and water.
   - Dry the tooth and place it in a container with toothpaste or saliva.
   - See a dentist immediately.

Other Emergency Conditions:
- Bleeding from the mouth
  - Do not rinse or tol
  - Apply firm pressure to the area with gauze or a cloth.
  - See a dentist.

- Toothache
  - Rinse with warm salt water.
  - Apply a cold compress to the cheek.
  - See a dentist.

- Cut or Bite Tongue, Lip, or Cheek
  - Clean the area with mild soap and water.
  - Apply direct pressure with gauze or a cloth.
  - See a dentist.

- Broken Braces and Wires
  - Do not attempt to remove any part of the braces or wire.
  - Contact your orthodontist immediately.