Weekly Phone/Device Monitoring Checklist

☐ Screen lock – can I get into the phone?

☐ Home Screen (general)
  Any new apps?
  New folders/organization?

☐ Settings
  Notifications: What notifications could be distracting them?
  General: Restrictions – anything need to be updated?
  Battery: Usage – last 24 hr/last 7 days, where is time going?
  Privacy: What apps have access?
    Analytics - pulling data from anywhere suspicious?

App Listing:
  Messages – MMS Messaging on/off
  Safari: Web history - cleared? suspicious?
    All – Who can access location? Give Notifications? Use cellular data?

☐ Messages
  Do contacts have real names? (vs slang, numbers, or emojis)
  Text threads: Appropriate? Kind? Truthful?
  Quantity: Match up with service provider records?

☐ Pictures/Video
  All folders: Appropriate? Humble? Legal?

☐ Social Media
  Posts: Appropriate? Kind? Humble? Legal?
  Followers/Friends: How many? Do I know them/does my child know them?
  Followers/Friends appropriate?